



Freedom Session encourages us to look honestly at how we deal with the challenges & troubles in life. It asks us to take a look into our past experiences, our strengths & our weaknesses, and challenges us to replace character defects with the character of God. If you attended a Set Free Retreat, this is a good follow up and expansion of that teaching but Set Free Retreat is not a pre-requisite to taking Freedom Session.

The teaching is by DVD with Pastor Ken Dyck. Teaching is followed by discussion & prayer in small groups and approx. 2 hrs/wk of homework.

**Everyone (age 15+) is invited to come to Session One,
Tuesday, January 8, 6:30 PM at the church building, 931 Trunk Rd.**

More Info at: www.freedomsession.com

Sessions 2-20 will run Tuesday evenings, January - May

See schedule on back of page

**** A ladies only session will run on Thursdays, 12 - 2 pm the same weeks**

There is no registration cost for this course. There are two workbooks @ \$25.00 each. Please let us know if you need any assistance with cost.

Pre-registration is not necessary however if you have already decided to participate, let us know by email to office@duncanchurch.com or 250.748.1423 so we can pre-order workbooks for you.

Alumni &/or partially completed from last course are welcome to join us.

Tuesday Evenings

6:30 - 8:30 PM

931 Trunk Road, Duncan

2019 SCHEDULE - BOOK #1 "FACING THE TRUTH"

Tuesday Jan. 8	SESSION 01: WHY AM I HERE?
Tuesday Jan. 15	SESSION 02: STEPPING OUT OF DENIAL
Tuesday Jan. 22	SESSION 03: SOBER-MINDED AND A.L.E.R.T.
Tuesday Jan. 29	SESSION 04: STEPPING OUT OF INSANITY
Tuesday Feb. 5	SESSION 05: SHARING MY STORY
Tuesday Feb. 5	SESSION 06: HOPE ... AND WHERE TO FIND IT
Tuesday Feb. 12	SESSION 07: STEP THAT CHANGES EVERYTHING
Tuesday Feb. 19	SESSION 08: MY SUPPORT, SPONSOR, STRENGTHS
Tuesday Feb. 26	SESSION 09: INVENTORY MIRROR 1 - HURTS
Tuesday Mar. 5	SESSION 10: INVENTORY MIRROR 2 - HURTS

** Arrange a meeting with your sponsor to share # 8, 9 & 10 Homework

2019 SCHEDULE - BOOK #2 "FINDING FREEDOM"

Tuesday Mar. 12	SESSION 11: INVENTORY SHIELD 1 - OFFENSES
Tuesday Mar. 19	SESSION 12: INVENTORY SHIELD 2 - OFFENSES
Tuesday Mar. 26	SESSION 13: INVENTORY CLOSET & CONFESSION

** Arrange a meeting with your sponsor to share # 11, 12, 13 Homework

Tuesday Apr. 2	SESSION 14: FINDING PEACE (SHARING MY PHOTO)
Tuesday Apr. 2	SESSION 15: FORGIVENESS 1 - FIRST THINGS
Tuesday Apr. 9	SESSION 16: FORGIVENESS 2 - BREAK CHAINS
Tuesday Apr. 16	SESSION 17: REPENTANCE - ROAD LESS TRAVELLED
Tuesday Apr. 23	SESSION 18: AMENDS - MAKING THINGS RIGHT
Tuesday Apr. 30	SESSION 19: BREAKING UNHOLY SOUL TIES
Tuesday May 7	SESSION 20: GRACE ... AND A NEW NAME
Tuesday May 14	GRADUATION CELEBRATION & TESTIMONIES

** Sponsor meetings are a critical part of the Freedom Journey. Some may benefit from a 3rd meeting for encouragement & accountability for # 15-19 Homework.